



Services for Parents of children ages 0-5 in the Mid Desert, including Yucca Valley, Twenty Nine Palms and surrounding areas.

Prenatal Care & Assistance

San Bernardino County
Department of Public Health:
Partnership for Healthy Babies/
Perinatal SART
(909) 388-0468

Loma Linda University Medical
Center/Children's Hospital
Perinatal Services Network (PSN)
(909) 558-3973

Loma Linda University Medical
Center
Just for Moms Comprehensive
Tobacco Treatment
(909) 558-3973
www.llu.edu

Morongo Basin Mental Health
Services Association, Inc.
Prenatal Services
(760) 365-3022
www.mbmh.org

Child & Family Assessment

Blindness Support Services
A Tactile approach to Learning
(951) 341-9244
www.blindnesssupport.com

Samaritan Counseling Center
Behavioral Educational
Management Services (BEAMS)
(909) 597-8570
www.beamstherapy.org

Morongo Basin Mental Health Services
Association, Inc.
(760) 365-3022
www.mbmh.org

Health Insurance & Access

American Lung Association
San Bernardino Asthma Coalition
(909) 88405864
www.californialung.org

Inland Empire Health Plan
Healthy Kids Program
(909) 890-2000
www.iehp.org

Asian Resource Center
Traffic Safety Awareness
(909) 383-0164
www.aarc-ie.org

Kids Come First Community Clinic
Kids Come First
(909) 673-9125

Nutrition & Dental Health

County of San Bernardino
Arrowhead Regional Medical Center
(ARMC) First 5 Dental Program
(909) 580-6211

Parenting Classes

The Foundation for California
State University: CUIDAR
(909) 537-5945
www.csusb.edu

Resource Centers

San Bernardino County
Superintendent of Schools: Family
Resource Program
(909) 777-0776
www.sbcss.k12.ca.us

Finding a Preschool

San Bernardino County Superintendent of
Schools.
Kids N Care
(800) 722-1091
www.kidsncare.com

For all social service needs, including emergency
needs, food, diapers, transportation and shelter

Inland Empire United Way 211
(909) 980-2857 or 2-1-1
www.211sb.com

Need additional information?

Call First 5 San Bernardino
(909) 386-7706 or visit our website
www.first5sanbernardino.org