



Services for Parents of children ages 0-5
in Yucaipa, Redlands, Highland and
surrounding areas.

For all social service needs, including
emergency needs, food, diapers,
transportation and shelter

Inland Empire United Way 211
(909) 980-2857 or 2-1-1
www.211sb.com

Prenatal Care & Assistance

San Bernardino County
Department of Public Health:
Partnership for Healthy Babies/
Perinatal SART
(909) 388-0468

Loma Linda University Medical
Center/Children's Hospital
Perinatal Services Network (PSN)
(909) 558-3973

Loma Linda University Medical
Center
Just for Moms Comprehensive
Tobacco Treatment
(909) 558-3973
www.llu.edu

Child & Family Assessment

A Special Place Children's Museum
Parent to Parent Support Group for
Special Needs Children
(909) 881-1201

Blindness Support Services
A Tactile approach to Learning
(951) 341-9244
www.blindnesssupport.com

Christian Counseling Service
Parent/Child Interaction Therapy
(909) 793-1078
www.christiancounselingservice.org

Samaritan Counseling Center
Behavioral Educational
Management Services (BEAMS)
(909) 597-8570
www.beamstherapy.org

Health Insurance & Access

American Lung Association
San Bernardino Asthma Coalition
(909) 88405864
www.californialung.org

Kids Come First Community Clinic
Kids Come First
(909) 673-9125

Asian Resource Center
Traffic Safety Awareness
(909) 383-0164
www.aarc-ie.org

Latino Health Collaborative
(909) 887-0707
www.latino-health.org

Inland Empire Health Plan
Healthy Kids Program
(909) 890-2000
www.iehp.org

Dental Health

County of San Bernardino
Arrowhead Regional Medical Center
(ARMC) First 5 Dental Program
(909) 580-6211

Finding a Preschool

San Bernardino County
Superintendent of Schools.
Kids N Care
(800) 722-1091
www.kidsncare.com

School Readiness Programs

Montessori in Redlands
(909) 703-6989
www.montessoriinredlands.org
Serving the East Valley

Parenting Classes

The Foundation for
California State
University: CUIDAR
(909) 537-5945
www.csusb.edu

Resource Centers

Building A Generation
(909) 793-8822
www.buildingageneration.org

San Bernardino County Superintendent of
Schools: Family Resource Program
(909) 777-0776
www.sbcss.k12.ca.us

Need additional information?

Call First 5 San Bernardino
(909) 386-7706 or visit our website
www.first5sanbernardino.org

Inland Temporary
Homes
(909) 796-6381
www.ithomes.org